



## Pressuring Me For Sex & I'm Not Ready!

Dear Dr. Tina:

My current boyfriend and I have been discussing sex and how it relates to our relationship. We decided together oral sex is the furthest we are comfortable with at this time; but when we went that far, he decided he wanted more. I said no. Why would he do this? Am I not making him happy with oral sex?

I'm still a virgin and this is also the first time I've had oral sex.

To learn how I had read about it in magazines and on the Internet. This situation causes arguments. He says that I do not trust him. I do trust him but I don't see sex as a simple act. I see it as an expression of love between two people.

He's laying the guilt on heavily, arguing with me and telling me I'm withholding intercourse to make a fool out of him. He says each time I say no, I'm just toying and plying a joke on him. Please advice me as to what should I do. I don't want to lose this relationship but I'm sick and tired of arguing with him over it.

Thanks. Pressured Virgin  
Female (21) KL, Malaysia  
Dating 2 Months

Hi, Virgin:

He's trying to pressure you into having sex. Don't buy it. Hang on to your principles. If he doesn't care about your ethics, then how much can he care about you? It sounds as if sex is more important to him than you are, and that's a dangerous precedent. If you lose this relationship over this issue, then you're much better off. You need a partner who cares about your feelings, and your principles if you're going to build a good life together. He's very focused on conquest, which is not a good sign. Take your time, hang on to your ideals, and remember there are other fish in the sea.

Good for You!

Dr. Tina

### Did you Know?

by LD Lewis

Most people consider [Sexual Intimacy](#) to mean intercourse and other sexual actions, but this is not entirely true. Any idiot can have intercourse, but it takes respect and caring to have intimacy. A couple hasn't achieved sexual intimacy unless both feel comfortable accepting or declining sexual advances and requests



without fear of retribution, intimidation, ridicule or coercion. When a man or a woman uses these tactics to gain sexual experiences or self-gratification he or she is telling her partner, "I am more important than you. Your needs are not relevant. What you think does not matter. How you feel doesn't matter. I am the center of the universe and you are here to satisfy me."

Not exactly what a loving partner would say or do to someone he/she cherishes or respects.

If you find yourself in this situation, being pressured for sex, the best thing to do is take the power back. The person pressuring is trying to manipulate you. Flip the coin. My favorite comeback is to parrot the response back as a question and take the assertive stand: Most bullies (and if he/she is pressuring you, he/she is bullying you) don't expect a strong response and it tends to not only put them off guard but also in his/her place, while establishing firm boundaries.

**He/She says:** "If you love me, you'll have sex with me. The fact that you don't, says you don't care."

**You reply:** "If I love you I'll have sex with you?"

Can you explain that logic to me because I fail to see how compromising my values, morals, integrity and beliefs by allowing you to put a tube steak between my legs constitutes love. The fact is, if you cared about me and stopped thinking below the waist you'd wait as long as I need so that we can both enjoy it. This would be important to you. The fact that you are pressuring me tells me that you don't care and it's terribly narcissistic and very unattractive. Why would I want to make love with a man who only sees me as a two minute fix?"

Yes it's a bit crass but it does get the point across and I've personally used this comeback many times, quite effectively. The guys after a good time only, never call again. The guys actually interested in me, not only call back, but keep coming back.

Without the intimacy, sex is just sex. Read [The 8 Stages of Intimacy](#) to learn more about what constitutes intimacy and what does not. And whatever you do, don't do it until you're ready, virgin or not.

Did you notice our advice seeker is from Malaysia? Isn't it nice to know that despite our cultural, race, origin, theological and language differences, when it comes to dating we all deal with the same thing!

